



Homeless Survival Guide

Effective February 2000

Introduction:

Before someone can recover from homelessness, they need to survive the experience. The first stage of recovery is damage control. The more thoroughly and efficiently a homeless person's physical, emotional and spiritual needs are met, the more quickly that person will be able to begin his/her recovery to self-sufficiency.

Not surprisingly many homeless people wish to skip the survival stage and begin to work immediately on their recovery. They are like the person who nearly dies in a car crash, wakes up in the hospital with two broken legs and immediately wants to go home and back to work. Sometimes the people who seem most motivated to recover are really simply trying to deny the seriousness of their condition. At Friendship House we encourage people not to ignore their essential physical and emotional needs in their haste to get back on their feet. Neglecting one's basic survival needs is almost always counterproductive.

Because so many people in our society are dependent upon the hospitality of strangers for food, clothing and shelter, most of these survival services have to function in an institutional mode and can therefore seem rigid and insensitive. Given the level of need and scarcity of resources, there is really no other alternative. For the staff and volunteers who struggle daily to keep these services available, there is little comfort in a job well done. Better than anyone, they know how much more is needed and how humiliating it is for able-bodied men and women to be dependent upon charity for the essentials of life.

The goal of the homeless survival network is to meet the basic physical needs of all our homeless citizens and to provide them with the emotional stability needed for the recovery process to begin. While striving to meet the physical needs of as many homeless clients as possible, those who serve within this network should always strive to treat each client as a unique individual with special gifts and needs. In many ways, the manner in which each of us serves one another is more important than the deeds that we do. At the same time, we are all human. Along the way we hurt others and are hurt ourselves. For any of us to move beyond mere survival, we have to learn to let go and forgive the daily slights and insults to our pride. Most people give each day their best shot. When I learn to be satisfied with the best from others, I will learn also to accept myself as I am.

How To Use this Guide:

The Homeless Survival Guide is divided into three parts. The first part is a self-inventory through which a person can honestly analyze his or her present condition and needs. The second part is an action guide through which a person can get some simple advice about the appropriate course of action to take to meet his or her survival needs. The numbers on the Action Guide match the questions on the self-inventory. The third part is a set of resource tools, supplying the person with the information needed to implement his or her chosen actions. The various resource tools are arranged in the same sequence as the action guide.

Although this guide is designed for independent use, it is most effective when accompanied by a strategy session with a staff person from the Homeless Survival Network. The staff of both the Friendship House Men's Center and Women's Center welcome such sessions with any of their clients. **The Men's Center is located in the Old Asbury Church at 3rd and Walnut St. and is open weekdays from 6:30 A.M. to 2:30 P.M. The Friendship House Women's Center is located at Eighth and Orange St. and is open weekdays from 8:30 A.M. to 3:00 P.M.**



Surviving The Streets Self-Inventory

- | | | |
|--|-----|----|
| 1. Do I know my way around the city? | Yes | No |
| If “no”, am I just passing through? | Yes | No |
| 2. Am I alone? | Yes | No |
| If “no”, is my spouse and/or children with me? | Yes | No |
| 3. Does a family member know where I am? | Yes | No |
| 4. Do I have somewhere to stay for the next seven nights? | Yes | No |
| 5. Do I have money and/or food stamps to provide meals for myself? | Yes | No |
| If “no”, do I have a place to store and prepare food? | Yes | No |
| 6. Do I have adequate clothing to protect me from the weather? | Yes | No |
| 7. Do I have a secure place to store my most important belongings? | Yes | No |
| 8. Do I have the means to keep my clothing and myself clean? | Yes | No |
| 9. Do I have personal I.D.? | Yes | No |
| If “yes”, does it include a driver’s license? | Yes | No |
| Does it include a social security card? | Yes | No |
| Does it include a birth certificate? | Yes | No |
| 10. Do I have a local mailing address? | Yes | No |
| 11. Do I have a phone where I can make and receive calls? | Yes | No |
| 12. Do I have a medical condition that needs attention? | Yes | No |
| If “yes”, have I seen a doctor? | Yes | No |
| Should I be on medication? | Yes | No |
| 13. Do I have reliable transportation? | Yes | No |
| 14. Am I able to work? | Yes | No |
| 15. Do I have a regular source of income? | Yes | No |
| If “yes”, is it adequate for my basic needs? | Yes | No |
| Am I expecting it soon? | Yes | No |

16. Do I use alcohol, drugs or tobacco?

Yes No

17. Do I need someone to talk to?

Yes No



Surviving The Streets Action Guide

1. **If you are new to the city**, pick up a homeless resource map from Friendship House. Also don't be afraid to ask for directions. Most of the people who come to Friendship House would be happy to show you where things are. If you are trying to get somewhere else, ask for the directions to Traveler's Aid. They will not be able to give you a free ticket, but they are often able to help in other ways.
2. **When looking for assistance**, it is very important to tell the people whether you are alone or with your family. Many of the available services are reserved for one group or the other. If you are looking for assistance for your family as well, you will probably be required either to have them present or to present their I.D.
3. **In case of medical emergency where you are unconscious**, it is very important to have an emergency contact who is a family member and able to supply the doctors with necessary medical information about you. If you are not speaking to your family, you should still have a close friend or agency who the hospital could contact.
4. **If you do not have a safe place to stay**, you need to consider getting into one of the city's shelters. Many people say that they would rather walk the streets all night than stay in a homeless shelter. At least shelters are reasonably safe and you will be able to get a meal, a hot shower and some sleep. Many shelters also have counselors on site who can help refer you to other agencies that help the homeless.
5. **If you lack the funds and the place to prepare meals**, you need to start eating at the various feeding programs in the city. Friendship House can provide you with a list of locations where you can get a free breakfast, lunch and supper each day. If you have no regular source of income, you may also be entitled to food stamps which you can use as a

supplement or substitute for the feeding programs. If you have a place to store and prepare food, you may be able to get referral to a local food closet which will provide you with a bag of groceries. Since the demands on food closets are very great, most of their services go to families with children.

6. If you need clothing, there are several clothing closets open several days a week where you can get free clothing . During the winter there are also special distributions of winter coats, hats, gloves, etc. See Friendship House for a list of the clothing closets. If you have a specific need or an unusual size, there are also several thrift stores where clothing can be purchased for a minimal price.
7. **If you need a place to store your most important possessions**, Friendship House does provide limited storage. Other options are family and friends. The less that you have to store, the more willing people will be to help you. Most people who try to hide their belongings where they hope that they will not be found end up losing everything.
8. **If you need a place to shower and do laundry**, you will find it easier to keep yourself clean than your clothes. All of the shelters provide showers, but only some also allow you to do your laundry. People not staying in the shelters can get a free shower at several places. People needing to do laundry generally have to get it done at the local laundromats. See Friendship House for the location, operating hours and cost.
9. **If you lack personal I.D.** Friendship House can assist you with getting a new birth certificate and social security card. If you are not a convicted felon, you may also register to vote and use your voter registration card as proof of residence. To get a State I.D. (Which is a requirement of many employers), you need your social security card, proof of birth and proof of residence. Friendship House is able to help with any financial charges.
10. **If you need a local mailing address**, Friendship House can provide you with one through its Home Base Program. See a staff member for details.
11. **If you need to use a phone** from which you can make and receive calls and messages, Friendship House can provide you with that as well through its Home Base Program. See a staff member for details.
12. **If you have a medical condition that needs attention**, you can not ignore it in the hope that it will go away. Medical services are available from a number of local doctors and clinics. See Friendship House for locations and times. If you need financial assistance for either a doctor's visit or a prescription, ask a Friendship House staff person for help.
13. **If you lack reliable transportation**, you will probably need to walk to most of the places where you need to go. Fortunately, most of the emergency homeless services are located in the downtown area and are within waling distance of one another. On several days

each week Friendship House has volunteer drivers who are willing to drive you to appointments and job interviews.

14. **If you are able to work**, you might consider trying to get some day work to earn some immediate cash. Early each morning local contractors, looking for day laborers, pick up able-bodied men to work boots along Martin Luther King Blvd. They don't ask for I.D. or references, and they usually pay in cash on the same day. If you are relying on a shelter for a bed and meals, make sure that the job will end in time for you to get into the shelter. Day work for women is much harder to come by. There is also a wide variety of Temp Services in the city, but most require I.D., flexible hours and reliable transportation.
15. **If you have some regular source of income**, you need to figure out how long you have until you receive it. Since you are no longer living at your old address, you also need to inform the source of the income of your new location. In order to avoid having your money run out on you again, you also want to discuss budgeting with a Friendship House staff person.
16. **If you use alcohol, drugs or tobacco on a regular basis**, be aware that many of the shelter will not admit you if you are intoxicated and often place sharp restrictions on where you are allowed to smoke.
17. **If you need someone with whom to talk**, the Friendship House staff is always there for you. You don't need a specific request to talk to them. There is also a wide variety of support groups in the city where you could meet people with common experiences.

Resources Tool 1:Home Base Program for the Men

Any Friendship House client in need of a mailing address and phone service is welcome to access the Friendship House Home Base Program. This program includes the use of our phones for making and receiving business-related calls, the use of our post office box for receiving mail, the safekeeping of one's personal documents in our office depository and the limited storage of one's personal property. Clients desiring to access these services must do so in writing by completing a client intake form and agreeing to abide by the program guidelines.:

I. Mail Service:

- A. All mail must be addressed to our post office box, not our street address. Mail should be addressed:

(Client's Name)
P.O. Box 1517
Wilmington, DE 19899

- B. Mail is picked up once each weekday at the Central Post Office by a designated Friendship House staff person. No other staff person or client has authority to get mail out of our post office box. Clients who try to do so will lose their mail privileges.
- C. Mail is distributed at the Friendship House Day Centers during office hours.
- D. Clients with mail are required to sign for it on the daily log sheet. Clients, not known to staff, may be required to present picture I.D.
- E. Mail not picked up after thirty days will be returned by Friendship House to the sender.
- F. Clients desiring their mail forwarded to another address need to give that address to Friendship House in writing. Friendship House will continue to forward a client's mail for 90 days after receiving such a written request. During this period the client is expected to contact the appropriate parties of his/her change of address. Because the P.O. Box is in

Cash, items of extraordinary value, any perishable material should not be stored in the lockers. The storage of weapons, welding, flammable, explosive or inherently dangerous material is strictly prohibited. If the possession of any item is illegal, its storage at Friendship House is also strictly prohibited. Friendship House assumes no liability for loss of any cash or property which any client chooses to store in his locker. **All items left in storage are subject to visual and hand examination by the staff of Friendship House at any time without prior notice.**

Date: _____

I, _____,
have read and understood the above guidelines. By my signature, I am requesting these services and agree to abide by the rules and conditions of the program.

Signature

Home Base Program for the Women

Any Friendship House client in need of a mailing address and phone service is welcome to access the Friendship House Home Base Program. This program includes the use of our phones for making and receiving business-related calls, and the use of our post office box for receiving mail. Clients desiring to access these services must do so in writing by completing a client intake form and agreeing to abide by the program guidelines:

I. Mail Service:

- A. All mail must be addressed to our post office box, not our street address. Mail should be addressed to:

(Client's Name)
P.O. Box 1517
Wilmington, DE 19899

- B. Mail is picked up once each weekday at the Central Post Office by a designated Friendship House staff person. No other staff person or client has authority to get mail out of our post office box. Clients who try to do so will lose their mail privileges.
- C. Mail is distributed at the Friendship House Day Centers during office hours.

- D. Clients with mail are required to sign for it on the daily log sheet. Clients, not known to staff, may be required to present picture I.D. Only the client can claim their mail.
- E. Mail not picked up after thirty days will be returned by Friendship House to the sender.
- F. Clients desiring their mail forwarded to another address need to give that address to Friendship House in writing. Friendship House will continue to forward a client's mail for 90 days after receiving such a written request. During this period the client is expected to contact the appropriate parties of her change of address. Because the P.O. Box is in Friendship House's name, not the client's, the Post Office will not automatically forward the mail. After 90 days Friendship House will return such mail to the sender.

II. Phone/Fax Service: Phone Number: 302-652-8033
Fax Number: 302-652-7801

- A. Clients may make local, business related phone calls during office hours. This is done by signing the phone log. Especially during our busy times, calls need to be brief (maximum of 3 minutes). Clients in need of making multiple phone calls or calls that require extended phone time should arrange to come back in the afternoon when things are less busy and get a 15 minute block.
- B. Clients who abuse phone privileges will lose them. Abuse of phone privileges includes: making directory assistance calls; using loud, abusive, or obscene language; harassment or use of phone for illegal purposes.
- C. When staff receives a phone call for a client, they will try to find the person, if she is on site. If the client is not present, they will take a message and post it on the message board. Phone messages will be held for the client for 10 days after which they will be thrown away.
- D. Clients may send or receive information by fax. The client must fill out a fax cover sheet for all faxes. Faxes being received by Friendship House for a client must be sent with a fax cover sheet identifying the person for whom the fax is intended.
- E. Clients may get copies of legal documents (birth certificates, ID, SS cards, etc.) and resumes. Clients may get one copy per document unless it is a resume. **The copier is not for personal use.**

Date: _____

I,

_____, have read and understood the above guidelines. By my signature, I am requesting these services and agree to abide by the rules and conditions of the program.

Signature

Resource Tool II: Applying for Various Forms of Identification

State of Delaware Driver's License or I.D. Card

If you have a valid driver's license from another state, you can acquire a Delaware driver's license by turning in your old license, supplying proof of Delaware residency and paying the required fee.

If you have a suspended driver's license, you need to deal with the terms of suspension before you will be issued either a Delaware Driver's License or even a State I.D. Card.

If you have lost your Delaware Driver's License, you need to submit proof of identification, proof of residency and pay the required fee.

If you are applying for a state driver's license or State Identification card, you will need:

1. A copy of your birth certificate
2. A copy of your Social Security Card
3. Proof of Delaware Residency (e.g. Voter's Registration Card)
4. Required fee

Birth Certificate

If you were born in Delaware, you can get a copy of your birth certificate by going in person to the Bureau of Vital Statistics at Belvedere State Service Center at the Absalom Jones Community Center in Newport. The cost is \$6.00.

If you were born in another state, you must complete the application form of the state's Bureau of Vital Statistic. The cost of a birth certificate ranges from \$4.00 to \$20.00 by check or money order. Friendship House is also usually able to assist you with the application costs. The wait for your birth certificate is usually three to four weeks.

A Voter's Registration Card

Since most homeless people do not possess the normal proofs of residency (bills, bank accounts, etc.), Friendship House recommends that every person acquire a voter's registration card by registering to vote. Since the card will have your name and your mailing address, it can serve as your proof of Delaware residency.

With a referral letter from Friendship House, any homeless person who is not a convicted felon can register to vote at the City/County Building. The card will be mailed to you within the week.

A Social Security Card

If you have lost your social security card, you may apply for it in person at the Social Security Field Office located on the third floor of the Federal Building at 10th & King Street. The office is open Tuesday and Wednesday mornings. At other times, you may go to the main office in New Castle. Although there is no charge for the card, you will be required to present proof of identification. A new card will be mailed to you in two to three weeks. If you require immediate proof of your social security number, the office can give you a printout of your information.

If you are applying for a social security card for the first time for yourself or any of your children, you will be required to present a birth certificate and at least one other piece of identification.

Resource Tool III: Public Assistance

State Social Service Centers in the Wilmington Area:

Porter State Service Center	509 W. 8 th St. 19801	577-3400
Northeast State Service Center	624 Jessup St. 19802	577-3101
Fourth St. State Service Center	715 W. 4 th St. 19805	577-3600
DeLawarr State Service Center	500 Rogers Rd.19720	577-3814

For
GENERAL ASSISTANCE, FOOD STAMPS & MEDICAID
Apply at your local Social Services office listed above.

Resource Tool IV: Vital Personal Information

After completing this sheet, either keep it on your person or file it with Friendship House.

DATE: _____ FIRST CONTACT: _____

NAME: _____ SOCIAL SECURITY NUMBER: _____

BIRTHDATE: _____ PLACE OF BIRTH: _____ MARITAL STATUS: _____

STATE I.D.: _____ VALID DRIVER'S LICENSE: _____

INSURED VEHICLE: _____

DEPENDENTS:

NAME: _____ S.S.N. _____ BIRTHDATE: _____

NAME: _____ S.S.N. _____ BIRTHDATE: _____

NAME: _____ S.S.N. _____ BIRTHDATE: _____

CURRENT RESIDENCE:

PROGRAM OR LANDLORD: _____ PHONE: _____

ADDRESS: _____ LENGTH OF STAY: _____

PRESENT OCCUPATION (EMPLOYMENT, SCHOOL, ETC.)

EMPLOYER: _____ WAGE: _____

ADDRESS: _____ PHONE: _____

OTHER INCOME:

TYPE: _____ MONTHLY AMOUNT: _____

EMERGENCY CONTACT:

NAME: _____ PHONE: _____

ADDRESS: _____

Resource Tool V: Emergency Shelter

Single Men:

Sunday Breakfast Mission (18 or older)	110 N. Poplar St. (656-8542)	Night to Night	Admission at the Door
Andrew's Place (Over 50 with disability)	8 th & Orange St. (652-8278)	Winter Only	Register at Friendship House
House of Joseph (Employed)	1328 W. Third St. (652-0904)	30 Days	Interview required

Single Women:

Hope House I	1105 W. 8 th St. (652-8532)	30 Days	Interview required
Salvation Army EHR (18 or Older)	5 th & Orange St. (656-1667)	30 Days	Interview required

Teens & Runaways:

Gov. Terry Emergency Shelter	507 Philadelphia Pike (762-8989)	Flexible	Call in Advance
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Women with Children:

Battered Women's Shelter (Victims of Abuse)	(762-6110)	30 Days	Call in Advance
Salvation Army EHR (18 or Older)	5 th & Orange St. (656-1667)	30 Days	Interview required
Hope House II (Women w/children under 12)	121 N. Jackson St. (652-1935)	30 Days	Interview required
Hope House III (Women w/children under 12)	515 N. Broom St. (652-0970)	30 Days	Interview required

Couples & Families:

Salvation Army EHR (18 or Older)	5 th & Orange St. (656-1667)	30 Days	Interview required
Emmaus House	Newark (737-2241)	30 Days	Interview required

Resource Tool VI: Food Resources

Free Meals:

Breakfast

Monday-Friday:	Emmanuel Dining Room	2 nd & Jackson St., 7:30-8:30 A.M.
Saturday:	West Presbyterian Church	8 th & Washington St., 8:30-9:00 A.M.
Sunday:	Sts. Andrew & Matthew Episcopal Church	8 th & Shipley St., 7:00-8:30 A.M.

Lunch

Everyday:	Emmanuel Dining Room	2 nd & Jackson St., Noon-1:00 P.M. 3 rd & Walnut St., Noon-1:00 P.M. 500 Rodgers Rd., Noon-1:00 P.M.
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Supper

Everyday:	Sunday Breakfast Mission (Men only)	2 nd & Poplar St., 3:45-4:00 P.M.
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Food Closets: (Referrals only; usually restricted to households with children and a verifiable place of residence)

Food Stamps:

Porter State Service Center:	509 E 8 th St. (577-3400)	8:00 A.M.-8:45 A.M. M-F
Northeast State Service Center	1624 Jessup St. (577-3150)	8:00 A.M.-8:45 A.M. M-F
Fourth St. State Service Center	1715 W. 4 th St. (577-3600)	8:00 A.M.-8:45 A.M. M-F

Resource Tool VII: Clothing Services

Clothing Closets:

St. Patrick's Center	107 E. 14 th St. (652-6219)	10:00 - 11:30 A.M. Mon, Wed, Fri. 10:00 A.M.-Noon Tues & Thurs.
Hanover Presb. Church	18 th & Baynard Blvd. (658-5114)	9:00-12:00 P.M. Wed. (Closed Summer)
8 th Street Baptist	3301 N. Market St. (762-4519)	1:00-3:00 Tues, 5:30-7:00 p.m. Wed 10:00-12:00 Sat.
Hockessin United Meth.	7250 Lancaster Pike (239-2363)	Call for updated hours

Thrift Stores:

Salvation Army Thrift Store	107 S. Market St. (654-8809)	9:00 A.M.-6:00 P.M. Mon.- Sat. 9:00 A.M.-7:00 P.M. Fridays
Goodwill Thrift Store	7 th & Market St. (654-6926)	9:00 A.M.-6:00 P.M. Monday- Saturday
Sunday Breakfast Mission	110 N. Poplar St. (656-8542)	8:00 A.M.-3:00 P.M. Monday- Friday 8:00 A.M.-11:45 A.M. Saturday

Coin Laundries:

Washing Well	4 th & Adams St.	575-1940
Mini Mall Laundromat	2715 N. Market St.	762-4028
Swan Laundromat	1710 W. 4 th St.	652-7607

Resource Tool VIII: Employment

Temporary Employment Services:

Stratus Services Group	118 S. Maryland Ave.	994-1706
Placers	2000 Pennsylvania Ave.	571-8367
Bernard & Bernard	534 Greenhill Ave.	655-4491
Kelly Temps	100 W. Commons Blvd (New Castle)	323-1560
Manpower	1 Righter Parkway	479-7500
Labor Ready	2409 Lancaster Ave.	888-2070
Goodwill Staffing	300 Lea Blvd.	761-4644

Department of Labor

4425 N. Market St.

Unemployment Insurance & Job Listings	761-8446
Employment & Training	761-8085
Division of Vocational Rehabilitation	761-8300

Job Placement Programs:

Job Placement Center	Lancaster & Van Buren St. (Appt. only)	652-5518
Goodwill Job Training	240 N. James St. Suite 100 (Referral only)	996-3700
V.A.	1601 Kirkwood Hwy. (Vets only)	633-5492
Wilmington Senior Center	1909 N. Market St. (over 50)	651-3440
C.E.P.	2516 W. 4 th St. (Under 21 or over 55)	573-2447

Resource Tool IX: Health Services

St. Clare Medical Van:

Monday:	515 N. Broom St. (Hope House III)	7:30 A.M. - 10:30 A.M.
	2 nd & Jackson St. (Emmanuel Dining Room)	10:30 A.M. - 2:30 P.M.
Tuesday:	Lancaster & Van Buren St. (Job Placement Center)	9:00 A.M. - 2:00 P.M.
	3 rd & Connell St. (House of Joseph)	2:30 P.M. - 4:00 P.M.
Thursday:	3 rd & Walnut St. (Emmanuel Dining Room, East)	10:00 A.M. - 1:30 P.M.
	1105 W. 8 th St. (Hope House I)	2:30 P.M. - 4:00 P.M.
Friday:	2 nd & Jackson St. (Emmanuel Dining Room, West)	7:30 A.M. - 11:00 A.M.
	500 Rodgers Rd. (Emmanuel Dining Room, South)	11:30 A.M. - 1:30 P.M.

Health Care Clinics:

Henrietta Johnson Health Clinic	601 New Castle Ave.	655- 6190
Westside Health Services	1802 W. 4 th St.	655- 5822

Hospitals:

Wilmington Hospital	501 W. 14 th St.	733- 1000
Christiana Hospital	4755 Ogletown-Stanton Rd	733- 1000
St. Francis Hospital	7 th & Clayton St.	421- 4100
Riverside Hospital	700 Lea Blvd.	764- 6120

VA Medical Center

1601 Kirkwood Highway

2511

994-

Mental Health Clinic:

Wilmington Clinic
Crisis Intervention

809 Washington St.
809 Washington St.

577-6490
577-2484

AIDS:

AIDS Delaware

100 W. 10th St.

6776

652-

Addictions:

Kirkwood Detox

3315 Kirkwood Highway
8610

995-

Resource Tool X: Transportation

JOB WORKS!

JOB WORKS! Is a statewide program established by DART First State to give people who have scheduled job interviews two free bus tickets for transportation to and from their interviews. The interview must be arranged through an agency that provides job placement.

To enroll in **JOB WORKS!** Agencies must send DART First State a letter on agency letterhead. The letter must include an agency contact name and telephone number. Once DART First State receives this information, tickets will be issued to the agency.

When the agency sets up an interview for a client, two tickets can be given to the client for transportation to and from the interview. For tracking and auditing purposes, the agency will be asked to fill out tracking sheets which include the name, address, and telephone number of the interviewee. Ticket serial numbers will also be recorded. If the same person has multiple interviews the offer still applies, therefore it is necessary that the agency fill out a tracking sheet each time two tickets are distributed, in order to account for all tickets. Agency representatives are asked to send in there tracking sheets on the first day of each month.

This program is provided as a free public service of DART First State, at no cost to the agency or the interviewee. Agencies should mail letters to:

DART First State - JOB WORKS!
Marketing Department
400 S. Madison St.
Wilmington, DE 19801

Letters may also be faxed to **DART First State - JOB WORKS!** At (302) 577-6066.

For more information on this worthwhile program, please call (302)577-DART, and press option 5.

GET A JOB • GET A RIDE

GET A JOB • GET A RIDE is a statewide program established by DART First State to help new employees get to work during their first 3 weeks of employment.

GET A JOB • GET A RIDE provides new hires with 30 promotional tickets for free bus transportation to and from work.

A Free Offer... Here's How It Works

This program is available to all full-time, part-time, and seasonal employees. Employees hired by a temporary agency can take part in this program at the start of their first assignment that lasts for at least one month.

To enroll new hires, employers must send DART First State a letter, on company letterhead, stating that a new employee has been hired. The letter must include the following information:

- Name and home address of new employee
- Start Date
- Work schedule
- Work address
- Employer contact name and telephone number

Once DART First State receives this information, one free bus ticket, along with bus schedule information, will be sent to the new employee's home. The other 29 free tickets will be sent to the employer to give to the employee when they start work.

This program is provided as a free public service of DART First State, at no cost to the employer or the employee. All **GET A JOB • GET A RIDE** request will be filled by mail. Please allow 3-5 days for delivery. Walk-ins will not be accepted. Employers should mail letters to:

DART First State - GET A JOB • GET A RIDE
Marketing Department
400 S. Madison St.
Wilmington, DE 19801

Letters may also be faxed to **DART First State - GET A JOB • GET A RIDE** At (302) 577-6066.

For more information on this worthwhile program, please call (302)577-DART, and press option 5.

Resource Tool XI: Support Groups

People Living with HIV/AIDS: Call 652-6776 Meets 10:00 Fridays

Alliance for the Mentally Ill: Call 427-0787

A.A.: Call 655-5113 or ask Friendship House staff person for a meeting list

N.A.: Call 429-8175

Al-Anon: Call 366-8484

Anxiety Disorder: Mental Health Ass. of DE Call 656-8308 Meets 2nd & 4th Wed.

Battered Women: Call 762-8989 Meets 7:30 p.m. Wednesdays

Call 737-2241 Meets 7:15 p.m. Wednesdays

Co-dependents Anonymous (CODA): St. Stephen's L. Ch., 1301 N. Broom St.

Meets 7:30-9:00 p.m. Tuesdays

CONTACT: 24 hour telephone counseling Call 761-9100

Epilepsy: Richardson Park U.M.C., Maryland Ave. (324-4455)

Meets 7:00 p.m. 1st & 3rd Tuesdays

Gamblers, Anonymous:

St. Mark U.M.C., 1700 Limestone Rd (761-9100)

Meets 7:30 p.m. Wednesdays

Grace Episcopal Church, 4900 Concord Pike (761-9100)

Meets 7:00 - 8:30 p.m. Mondays

Gay/Lesbian COTA & AA: 100 W. 10th St. Suite 315 6521-6776

Herpes: Call 733-2241

Incest Survivors United: Call 654-1102 Meets 7:00-9:00 p.m. Wednesdays.

Overeaters Anonymous: Call 761-9100

People with Eating Disorders: Call 215-221-1864 Meets 2nd Wednesday & last Sunday

Schizophrenia: Connections, 601 Delaware Ave. Meets 6:00-8:00 p.m. 1st & 3rd Fridays

Survivors of Sexual Assault: Call 761-9800 Meets 7:00 - 8:30 p.m. Mondays

Toughlove: (For parents troubled by their children's behavior) Call 761-9000

Vietnam Vets Rap Group: VA Medical Center, Call 994-1660 Meets 7:30 p.m.

Thursdays

Women for Sobriety: Call 215-536-8026